

Gavin Pastotnik



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Birth date: April 2, 2007
5 ft. 11 in. - 165 lbs.
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PARENTS
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About Me

I am a 2007 birth year, ice hockey player who plays defense for my varsity high school CO-OP team, Muskegon Reeths-Puffer. I have always been a defensively minded and reliable player, having received only one penalty during the entire 2023-2024 season. I demonstrate a strong work ethic and positivity towards my peers, and I am very excited to advance my hockey career to the next level, whether that means juniors or collegiate ice hockey, while pursuing studies in the field of health and fitness.

Education

2021-2024 Fruitport High School
– GPA: 2.47
– SAT 1000

Hockey Highlights

- 2024 Binghamton Buzz (NA3HL)
- 2023-24 Muskegon Reeths-Puffer Varsity
- 2024 MHSAA Division 1 Frozen Four
- 2024 Meijer State Game Finalist 18U
- 2022-23 Muskegon Reeths-Puffer Varsity
- 2021-22 Kenowa Hills Varsity
- ADRA State Champion
- Silver Sticks Finalist

Other Athletics

- 2023-2024 Fruitport High School Varsity Football
 - Special Teams Captain/Corner
- 2023-2024 Fruitport High School Varsity Track
 - 100m/400m/discus
 - Ultimate Teammate Award
- 2022-2024 Mona Shores High School Lacrosse
- 2021 Smr West Side Lacrosse 16U
- 2021 Fall West Side Lacrosse 16U

Work History

- 5/23-9/23 Bulk Building Supplies Warehouse worker
- 9/21-5/23 Whitlows Restaurant Dishwasher/kitchen assistant
- 6/21-8/21 Spring Lake County Club Event set up and tear down

Extra Curricular

- Learn to skate coach Lakeshore Jr. Lumberjacks
- Goalie camp shooter Lakeshore Jr. Lumberjacks
- Goalie camp shooter West Kent Hawks
- West Side Hockey Camps Coach
- S.A.L.T. Fruitport High School Student Athlete Leadership Team

Coaching References

Rick Cousineau
AWIK Hockey Owner
awikhockey@gmail.com
231.769.8712

Dustin Langlois
Muskegon Reeths-Puffer Head Coach
Lakeshore Jr. Lumberjack
Co-Hockey Director
langloisd@reeths-puffer.org
231.287.3042

Matt Weidenhoeft
Kenowa Hills Head Coach (former)
231.571.2462

Mike Feasby
West Side Hockey Camps Owner
coachfeasby@live.com
616.638.2557

Tim Olsen
West Kent Hawks Coach (former)
Muskegon Chiefs Hockey Director
616.218.5061